



CERTIFICATE

OF PARTICIPATION

This is to certify that

Andre Strydom

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:55:26

PACE 07:01/km

GENDER 260 of

563

OVERALL 352 of 834

40+ 76 of 161

08 July 2023, Sat

Date

Signature

